# Récoltes Plantes médicinales:

: racine : bois : écorce : fleur : feuille : fruit : semence : plante

| | Janv. | Fév. | Mars | Avril | Mai | Juin | Juillet | Aout | Sept. | Oct. | Nov. | Déc. |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Absinthe. *Artemisia absinthium* | | | | | | | | | | | | |
| Agripaume Cardiaque *leonorus cardiaca* | | | | | | | | | | | | |
| Aigremoine Eupatoire *Agrimonia eupatoria* | | | | | | | | | | | | |
| Airelle myrtille *Vciacnium myrtillus* | | | | | | | | | | | | |
| Airelle rouge *Vciacnium vitis-idaea* | | | | | | | | | | | | |
| Alchémille commune | | | | | | | | | | | | |
| Potentille ansérina | | | | | | | | | | | | |
| Aubépine commune | | | | | | | | | | | | |
| Basilic commun | | | | | | | | | | | | |
| Belladone | | | | | | | | | | | | |
| Benoite officinale | | | | | | | | | | | | |
| Boucage saxifrage *Pimpinella saxifraga* | | | | | | | | | | | | |
| Bouleau blanc | | | | | | | | | | | | |
| Bourrache officinale | | | | | | | | | | | | |
| Bourse à pasteur | | | | | | | | | | | | |
| Bugrane commune | | | | | | | | | | | | |
| Callune bruyére | | | | | | | | | | | | |

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| Camomille | | | | | ❀ | ❀ | ❀ | ❀ | | | | |
| Cassis | | | | | | ♠♉ | ♠♉ | ♠♉ | | | | |
| Colchique d'automne | | | | | | ● | ● | | | | | |
| Consoude officinale | | | | | 🌿♠ | 🌿♠ | 🌿♠ | 🌿♠ | ♠ | 🌶 | 🌶 | |
| Coriandre | | | | | | | ♉ | ♉ | | | | |
| Chélidoine | | | | | 🌿 | 🌿 | 🌿 | 🌿 | | | | |
| Chicorée | | | | | | | | | 🌶 | 🌶 | | |
| Digitale pourpre | | | | | | ♠ | ♠ | ♠ | | | | |
| Érythrée petite-centaurée *Centarium minus* | | | | | | | 🌿 | 🌿 | 🌿 | 🌿 | | |
| Fenouil officinal | | | | | | | | | ♉ | ♉ | | |
| Fraisier des bois *Fragaria vesca* | | | | | ♠ | ♉♠ | ♉♠ | | | | | |
| Fumeterre officinal | | | | | 🌿 | 🌿 | 🌿 | 🌿 | 🌿 | | | |
| Galéga officinal *G. officinal* | | | | | | | 🌿 | 🌿 | ● | ● | | |
| Galéopsis velouté *G. sagetum* | | | | | | | 🌿 | 🌿 | | | | |
| Genévrier commun | | 🌿 | 🌿 | | | | | | ♉ | ♉ | | |
| Gentiane jaune | | 🌶 | 🌶 | | | | | | 🌶 | 🌶 | 🌶 | |
| Gui commun | 🌿 | 🌿 | | | | | | | | | 🌿 | 🌿 |
| Guimauve officinale | | | | | | 🌿♠ | 🌿♠ ❀ | 🌿♠ ❀ | 🌿♠ ❀ | 🌶 | 🌶 | |
| Houblon grimpant | | | | | | | | ❀ strobile | ❀ strobile | | | |
| Hysope officinale | | | | | | | | 🌿 | 🌿 | 🌿 | | |
| Lamier blanc | | | | ❀ | ❀ | ❀ | ❀ | ❀ | ❀ | | | |

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| Lin | | | | | | | | ● | ● | | | |
| Linéaire commune *Linaria vulgaris* | | | | | | | | | | | | |
| Marron d'Inde | | | | | | | | ● | ● | ● | | |
| Mauve sauvage *Malva Sylvetrus* | | | | | | | | | | | | |
| Mélilot officinal | | | | | | | | | | | | |
| Mélisse officinale | | | | | | | | | | | | |
| Menthe poivrée | | | | | | | | | | | | |
| Achillée 1000feuilles | | | | | | | | | | | | |
| Millepertuis officinal | | | | | | | | | | | | |
| Lierre terrestre | | | | | | | | | | | | |
| Origan | | | | | | | | | | | | |
| Ortie dioique | | | | | | | | | | | | |
| Pavot somnifère | | | | | | | | ● | ● | | | |
| Pissenlit | | | | | | | | | | | | |
| Plantain lancéolé | | | | | | | | | | | | |
| Prêle des champs *Equisetum arvense* | | | Spores | Spores | Spores | | | | | | | |
| Primevère officinale | | | | | | | | | | | | |
| Prunelier épineux | | | | | | | | | ♉ | ♉ | | |
| Pulmonaire officinale | | | | | | | | | | | | |
| Renouée des oiseaux *Polygonum aviculare* | | | | | | | | | | | | |

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| Ronce | | | | | | | ♠ | ♠ | ♉ | ♉ | | |
| Ronce framboisier | | | | | ♠ | ♠ | ♉ | ♉ | | | | |
| Romarin | | | | | ♠ | ♠ | ♠ | ♠ | ♠ | | | |
| Rosier des chiens | | | | | | | | | ♉ ● | ♉ ● | | |
| Rue fétide *Ruta graveolens* | | | | | ♠ | ♠ | ♠ | ♠ | ♠ | | | |
| Saponaire | | | | | | | | | | | | |
| Sariette des jardins | | | | | | | | | | | | |
| Sauge | | | | | ♠ | ♠ | ♠ | ♠ | ♠ | | | |
| Sureau noir | | | | | ❁ | ❁ | | ♉ | ♉ | | | |
| Tanaisie | | | | | | | ♠ ❁ | ♠ ❁ | ❁ | | | |
| Tilleul | | | | | | ❁ | ❁ | | | | | |
| Tussilage pas-d'âne *Tussilago farfara* | | | ❁ | ❁ | ♠ | ♠ | ♠ | ♠ | | | | |
| Thym commun | | | | | | | | | | | | |
| Thym serpolet | | | | | | | | | | | | |
| Valériane officinale | | | | | | | | | | | | |
| Verge d'or *Solidago Virgaurea* | | | | | | | | | | | | |
| Véronique officinale | | | | | | | | | | | | |
| Verveine officinale | | | | | | | | | | | | |
| Violette odorante | | | ❁ | ❁ | | | | | | | | |
| Violette tricolore | | | | | ❁ | ❁ | ❁ | ❁ | ❁ | | | |

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